



**RANDOLPH COUNTY**

## *Critical Incident Stress Management*

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Chiefs,

It is important to us, here at Randolph County Emergency Services, that you are aware of our Critical Incident Management Team and what that means for your department. Our CISM Team takes yours and your members mental health very seriously. We strive to remain on top of the very latest and best mental health training for first responders. Please let us know if we can help in anyway.

### CRITICAL INCIDENT

“A critical incident is any situation faced by emergency service personnel that causes them to experience unusually strong emotional reactions which have the potential to interfere with their ability to function either at the scene or later.”

~ Jeffery Mitchell, Ph.D.

### OUR SERVICES

Critical Incident Stress Management is a Comprehensive, Integrated, Systematic, and Multi – component approach to crisis or disaster intervention. It is a strategic intervention system which possesses numerous tactical interventions including:

- Defusing
- Demobilizations Debriefing (CISD)
- One on one intervention Consultation
- Psychological first aid (PFA) Follow-up
- Community intervention Referral

### EXAMPLES OF CRITICAL INCIDENTS

- Line of duty death of a co-worker
- Serious injury of a co-worker on the job
- Prolonged rescue or recovery operations
- Death of a child
- Mass casualty incidents
- Operations with intense media coverage
- Terrorist actions
- ANY incident with high emotional impact on responders

### HOW TO CONTACT US

For assistance during or following a critical incident.

(336) 318-6923 Ask for the CISM Team

or email us at [rcespeersupport@randolphcountync.gov](mailto:rcespeersupport@randolphcountync.gov)

We are available 24 hours a day, 365 days a year.