

# Isolation Guidance

## For General Public



Have you tested positive for COVID-19?

Yes

Are you experiencing symptoms?

Yes

Isolate from others until you are fever-free for 24 hours and your symptoms are improving. Complete a 5 day isolation. Day 0 is the day you started experiencing symptoms. Continue to wear a mask around anyone for 5 days after completing isolation.

No

Complete a 5 day isolation. Day 0 is the day you tested positive. You must wear a mask around anyone for 5 days after completing isolation.

No

Have you or are you experiencing any symptoms?

Yes

There's a chance you may have another illness such as the flu or other infection. Contact your primary care provider and stay home until you feel better.

No

Were you a close contact to a positive case of COVID-19?

Yes

Follow quarantine guidance

No

You can continue your normal activities, but continue to practice safety measures (wear a mask, social distancing, and wash your hands).

# Quarantine Guidance

## For General Public



Were you within 6 feet of a positive case for 15 cumulative minutes or more in a 24-hour period 2 days before (48 hours before) symptoms began (if case had symptoms) or test date (if case had NO symptoms)?

No

You are not considered a close contact and can return to normal activities.  
If symptoms occur, get tested.

Yes

Are you vaccinated?

Yes

Did you receive a booster shot?

Yes or N/A\*

You do not have to quarantine. Wear a mask for 10 days following exposure. Best practice would be to get tested 5 days after exposure. If symptoms occur, get tested.

No

Has it been more than 5 months since your last Pfizer or Moderna vaccine OR more than 2 months since your last J&J?

Yes

Quarantine for 5 days from your last exposure. Day 0 is the day in which you were last around a positive case. You must wear a mask around anyone for 5 days after completing your quarantine. If symptoms occur, get tested.

No

Quarantine for 5 days. Day 0 is the day in which you were last around the positive case. You must wear a mask around anyone for 5 days after completing your quarantine. If symptoms occur, get tested.

No

You do not have to quarantine. Wear a mask for 10 days after exposure. Best practice would be to get tested 5 days after exposure. If symptoms occur, get tested.

If you came into close contact with someone with COVID-19 and you are in one of the following groups, you do not need to quarantine.

- You are ages 18 or older and have received all recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people.
- You are ages 5-17 years and completed the primary series of COVID-19 vaccines.
- You had a confirmed COVID-19 result within the last 90 days (you tested positive using a viral test).

You should wear a well-fitting mask around others for 10 days from last exposure. Get tested at least 5 days after last contact with positive case.

\*N/A - See CDC guidelines on booster eligibility based on vaccine and age.