

**Share Your Story. Share Your Power. Save Lives.**



**GIVE BLOOD.  
GIVE LIFE.**

*#Donate4Life*

**DONATE  
BLOOD**

**Tuesday, March 30, 2021  
11:00 AM - 5:00 PM  
Guil-Rand Fire Department**

*All donors will receive a Tie Dye T-shirt and a \$10 eGift card. Plus, a wellness checkup including COVID-19 antibody test, blood pressure, temperature, iron count, pulse and cholesterol screening!*

*Appointments are encouraged, please visit  
[www.oneblood.org/donate-now](http://www.oneblood.org/donate-now) and use sponsor code #63855*

Do not present to donate if you have a fever. You must wait at least 14 days before donating if you have been exposed to someone who has or may have COVID-19, have recently been tested and are pending test results for COVID-19 or if you have a confirmed active case of COVID-19.

**oneblood.org**  
**1.888.9.DONATE** (1.888.936.6283)

*ID required*

**oneblood**   
Share your power.